

Cilantro Lime Salsa

#appetizer #snack

7 ingredients 15 minutes 6 servings



Directions

1. Finely chop all ingredients and mix together. This flavourful fresh salsa is great to add moisture and taste to boring old chicken or fish! Great way to enhance an athlete's or clean-eaters diet without adding much of anything except flavour.
2. Makes about 3 cups of salsa. Nutritional value per serving shown is based on 1 serving = a generous 1/2 cup each!

Notes

Add Avocado For additional healthy fats, chop an avocado into this salsa as well.

Ingredients

- **1** Red Bell Pepper (finely chopped)
- **1** Yellow Bell Pepper (finely chopped (can also use green peppers))
- **4 stalks** Green Onion (finely chopped (can also use purple onion))
- **1 cup** Cherry Tomatoes (cut into small pieces)
- **1 cup** Cilantro (finely chopped)
- **1 tbsp** Lime Juice (more if desired for taste)
- **1/2 tsp** Sea Salt

25 Calories

