



## Blueberry Orange Spritzer

2 servings

5 minutes

### Ingredients

- 1/2 cup Blueberries
- 1 Clementines (peeled and sectioned)
- 6 Ice Cubes
- 3 cups Sparkling Water

### Nutrition

Amount per serving	
Calories	39
Fat	0g
Saturated	0g
Trans	0g
Carbs	10g
Fiber	2g
Sugar	7g
Protein	1g

### Directions

- 1 Divide blueberries and clementines into mason jars or glasses then use a spoon to gently crush the fruit. Add ice, then pour sparkling water over top. Enjoy!

### Notes

**No Sparkling Water,** Use flat water instead.

**Switch it Up,** Swap out the blueberries for blackberries, strawberries or raspberries.

**A little vodka goes a long way...,** This makes a refreshing patio drink as is, but for a little added excitement add your favorite clean vodka - a cleaner option than sugar-laden commercial coolers.